

Discipleship Outline

- I. Introduction
 - A. Mini testimony about discipleship
- II. Discipleship-What is it?
 - A. Description and Explanation
 1. Evangelism
 2. Sanctification
 3. Equipping
 - B. Biblical Examples
 1. Jesus, Barnabus, Paul, etc...
- III. Why Disciple? The Purpose of Discipleship
 - A. Obedience to God
 - A. What is the value?
 1. To Christ
 2. To the disciple
 3. To the Discipler
 4. The Church
- IV. Marks of a Good Discipler
 - A. Being a good example
 1. Love and obey God; abiding in Christ and walking by the Holy Spirit
 2. Nurturing and growing in own walk; pursuit of holiness
 - B. A heart for People
 1. A love for people to help them grow as disciples of Christ
 2. Willing to ask the hard questions
 3. Willing to have a relationship and speaking the truth in love
 - C. A heart of prayer- sacrifice of praying consistently for others
 - D. A student of the Bible- Always point disciple to God not your own opinion
 - E. Count the Cost- in time, resources, commitment, availability
- V. Getting Started
 - A. How many people? One on one vs. small group
 - B. Who? What to look for in a disciple
 1. Teachable
 2. Humility, desire to learn
 3. Time and availability
 - C. What tool to use as a help
 1. Basic Christianity for new Christians or for disciple to train new Christians
 2. Other subjects such as being a wife, mother, leader, etc...
 3. See Resource page for recommendations of tools.

VI. First meeting

- A. Both go over personal Christian testimony
- B. Exchange personal prayer lists and commit to pray consistently for each other
- C. Explain commitment:
 - 1. Covenant of accountability
 - 2. Covenant of honesty
 - 3. Covenant of confidentiality
 - 4. Covenant of openness
 - 5. Commitment of doing homework (memorizing, reading, answering questions)
 - 6. Maintain their own time of prayer and Bible reading while being discipled

VII. Subsequent Regular Meetings

- A. Start with how the disciple is doing. Personal Interaction. Be real. Show love and interest. Problems? Be supportive and find verses to help.
 - 1. Apply Bible to problems. Ask (if necessary, hard) questions to get to heart of the issue and help disciple see it. Show them their problem from God's perspective and what obedience to God through Scripture looks like in this instance.
- B. Go over memorized Scripture- stress application.
 - 1. Ask them what it means to them.
 - 2. If they didn't memorize a verse, why not? Did they watch TV or do social media? What is important to them? Assess faithfulness and desire.
- C. Go over reading assignment in Bible and take questions/comments.
- D. Go over Q&A assignment
 - 1. Go over each question and let them answer what they think. If they are wrong gently point it out by looking up the verses together and reading them. All Scripture must be taken in context!
 - 2. Did they not do homework? Why? Do not do it with them, they won't learn.
- E. How to motivate disciples
 - 1. Encouragement, love, gentleness, do things together, challenge them...
- F. End in Prayer. Pray for Disciple and when disciple is ready, have her pray as well.

*Note: You may not get to the book sometimes due to application of Scripture to their life, which is more important. This is not a program, but a relationship. It is not about getting through a book. It is about growth in Christ. All these things are the means to the end (sanctification) just as prayer and Bible study are the means to the end of knowing and following God, not an end in themselves.

* Consistently not following through with the commitments they made may mean to table the discipleship until they are ready/able to follow through.

Resource Page

Scripturally Solid discipleship tools:

'*One on One Discipling*' by Multiplication Ministries. This is the best tool we have found. We use it first. It is Christianity 101 and good for the basics. Even mature believers go through it because then they can disciple others. It contains 9 lessons with a page in front that offers reading a chapter a day in the bible, a verse to memorize for the week, suggests taking notes on the sermon on Sunday and homework covering: Assurance of salvation through Jesus Christ, Attributes of God, The Bible, Prayer, Spirit Filled Life, Fellowship, Witnessing, Temptation, and Obedience. In addition my husband added 2 more chapters on Baptism, Communion and Body Life, which we can give away free. We also have translated the book into Spanish and have given it to Multiplication Ministries to sell but we can give out the books free in Spanish.

Knowledge of the Holy by Tozer

Pursuit of God by Tozer

The Pursuit of Holiness by Jerry Bridges (workbook too)

The Practice of Godliness by Jerry Bridges (workbook too)

Respectable Sins by Jerry Bridges- workbook in book

Lies Women Believe by Nancy Leigh DeMoss- workbook in book

Communication Key to Your Marriage by Norm Wright workbook

Loving God with All Your Mind by Elizabeth George (actually anything by George)

Other authors are Kay Arthur, Warren Wiersbe, Nancy Leigh DeMoss