# **CONQUER THE MOUNTAIN '25 WORKSHOPS**

This year's event offers the choice of tracks (3 sessions each) or 8 general workshops (Choose any 3).

#### **1 - YOUNG MEN'S TRACK:**

3 sessions that expand our ALPS theme and personalize it for younger men

**OVERCOMING ANGER: HOW TO USE IT FOR GOOD** SETH FINCH Learn new ways of taming anger and managing tempers.

#### **RAPPEL OR LEAP? HOW YOU APPROACH THE CLIFF MATTERS KYLE FRANKLIN**

This workshop, also offered with the general workshops as a single session, specifically addresses young men on dealing with the temptation of lust.

#### DEFEATING PRIDE: HOW TO FIGHT AGAINST OURSELVES **BEN JOHNSON & ALLEN CASSICK**

This workshop will help us examine the fight against the flesh in the area of pride. Why do we struggle so much in this area, and how can we combat it? Join us as we seek to understand this fight biblically through the lens of Philippians 2.

# **2-** PASTORS TRACK (INCLUDING 1 FOR DEACONS)

#### BLIND SPOTS

What are we missing? Let's analyze areas in our individual lives in which we can improve, then make moves toward measurable progress.

#### SANCTIFIED INTERVALS: EXPLORING THE SACRED RHYTHM OF SABBATICALS INAN ERA OF PERPETUAL MOTION

MARK FERRY

**BRIAN KING** 

Discover the transformative power of pastoral sabbaticals in this workshop designed for pastors and church leaders (Deacons PLEASE attend!). Explore what a sabbatical is, why it is essential for pastoral health, and how it benefits both the pastor and the church community. Gain practical guidance as to how to implement sabbaticals as a vital practice for renewal and sustained ministry impact.

PASTORAL BREAKOUT

Encourage, challenge, pray for, and talk with each other!

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# **GENERAL WORKSHOPS (CHOOSE ANY 3)**

**3** - PASS IT ON: TELLING OF GOD'S FAITHFULNESS (FOR SENIOR MEN) DAN DRAKE

JOSH RATHMELL

The Bible repeatedly emphasizes the importance of remembering God's faithfulness, with over 2,000 verses urging us to recall His mighty deeds. Reflecting on God's past work not only strengthens our faith in the present but also inspires hope for the future. As men who have walked with God and witnessed His faithfulness firsthand, your stories are a treasure that can inspire the next generation and pass on the legacy of His unchanging goodness and grace.

### 4 - SELF-CONTROL: EVERY MAN'S MAKE OR BREAK VIRTUE

#### JIM VOGEL

Let's shine the spotlight on this key character trait, highlighting why this is so important for men, what areas seem to be the most challenging, and sharing principles to guide our victory.

#### 5 - RAPPEL OR LEAP? HOW YOU APPROACH THE CLIFF MATTERS KYLE FRANKLIN

This workshop on setting boundaries can help you past temptation. As men, we will all have to deal with temptation, and it is better to face it with a partner (or group of partners) than to try to overcome it alone.

## 6 - BECAUSE IT'S THERE: SHARE THE GOSPEL WITH COMPASSION BEN CAMPBELL

Evangelism is truly the Mt. Everest of the Church. It is this massive task that all believers have been commanded to climb. This session will help you face your fear by providing you with the motivation, the tools, and a blueprint for sharing your faith so that you can finally take on the task of evangelism.

### ${\bf 7}$ - Conquer yourself: what it means to be a man

#### RICK WEBER

Every man has the responsibility to manage his emotions, especially anger. Neither title nor position inherently protects one from his responsibility to manage his emotions. Failure to do so can take us farther down the path of sin than we ever can imagine.

#### 8 - SECRET SAUCE: GROWTH FROM HUNGERING AND THIRSTING AFTER RIGHTEOUSNESS DANIEL MAYNER

Every meal is improved by a secret sauce, and every element of your spiritual life is improved by your pursuit of God. Come consider how to develop the simplest of sauces for seasoning your pursuit of God — the secret sauce of spiritual hunger.

#### **9** - KEEP CLIMBING: HOW TO ENDURE HARDSHIP ALAN LINDMARK

Scripture strongly and repeatedly calls us to persevere. "It's not the mountain we conquer, but ourselves." - Sir Edmund Hillary. Come explore the Bible for inspiration to keep going even when our faith is being tested.

### **10 -** SECOND PASS

Edmund Hillary addressed Mount Everest with the ambitious words, "I will come again and conquer you, because as a mountain you can't grow, but as a human I can."

What do you need to go back to try again? In God's grace . . you can! This session shares graphic Scriptural examples of God enabling men to succeed where they once failed.

#### BRIAN KING